



**RS**  
400

**RS**  
Feva

**RS**  
Sailing

**RS** aero

**RS**  
200



## RS Northern Championships 2026

Saturday 18<sup>th</sup> April to Sunday 19<sup>th</sup> April 2026

Carrickfergus Sailing Club, Rodgers Quay, Carrickfergus, BT38 8BE

## SAILING INSTRUCTIONS

### ORGANISING AUTHORITY

This event will be organised by Carrickfergus Sailing Club in conjunction with the Irish RS Class Association.

The notation '[NP]' in a rule of the notice of race (NoR) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

### 1. RULES

1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.

- 1.2 Racing rules Race Signals AP, 31, 33, 34, 35, 44.1, 60.1, 60.3(b), 61.1(a), 61.4(b)(1), A2 A5.1 and A5.2 will be changed. The changes appear, in full, either in the notice of race or in these sailing instructions.

## **2 CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

## **3 COMMUNICATIONS WITH COMPETITORS**

See NoR 3

## **4 CODE OF CONDUCT**

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

## **5 SIGNALS MADE ASHORE**

- 5.1 Signals made ashore will be displayed at the main flagpole in front of CSC Clubhouse.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP. This changes race signals AP.
- 5.3 [DP] Flag D displayed with one sound signal means the warning signal will be made not less than 45 minutes from this signal. Boats shall not leave the shore until this signal is made.

## **6 SCHEDULE OF RACES**

- 6.1 See NoR 9 for schedule.

## **7 CLASS FLAGS**

If any of the Class Flags are unavailable the listed code flags will be used

RS Feva	RS Feva Class Flag or <i>Code Flag E</i>
RS Aero	Numeral 7
RS400 Fleet	RS400 Class Flag or <i>Code Flag F</i>
RS200 Fleet	RS200 Class Flag or <i>Code Flag G</i>

## **8 RACING AREA**

See NoR 12.

## **9 COURSES**

- 9.1 Windward leeward and/or Trapezoid courses will be used. The diagrams in Addendum A show the courses, the order in which marks are to be passed, and the side on which each mark is to be passed.
- 9.2 The courses to be sailed will be indicated by boards on the side of the Committee Vessel.

## **10 MARKS**

- 10.1 Marks 1, 4S, 4P will be round red inflatables. Mark 1A will be a round red inflatable with a black stripe. 1B an offset mark for a W/L fleet will be a round black buoy. Marks 2 and 3 will be large yellow round buoys. The start mark will be a large round green buoy, the finish mark for the W/L fleets will be a large red inflatable. The finish mark will be a yellow round buoy for Trapezoid Fleets.

- 10.2 Hitting a mark other than the start or finish marks will not be penalised. This only applies to the RS400 fleet. This changes RRS 31 for this Fleet.
- 10.3 When a leeward gate is set, if one or other of the gate marks is missing, the remaining mark shall be left to port. This changes RRS 34.

## **11 OBSTRUCTIONS**

Does not apply.

## **12 THE START**

- 12.1 The starting line will be between red/white staff pole displaying an orange flag on the Committee Vessel, at the starboard end and at the port pin end a green mark. There may be a mark boat anchored by the pin end on the line.
- 12.2 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## **13 CHANGE OF THE NEXT LEG OF THE COURSE**

- 13.1 To change the next leg of the course the race committee will move the original mark or finishing line. To a new position.
- 13.2 Minor course changes may not be signalled. This changes RRS 33.

## **14 THE FINISH**

- 14.1 A reaching finish will be set for the fleets racing on the W/L course off the starboard bow of the CV from 4P. This line will be between a staff displaying a blue flag on a committee vessel at the starboard end of the line and the course side of the port-end finishing mark.
- 14.2 A reaching finish will be set for the fleets racing on the Trapezoid course from Mark 3. This line will be between a staff displaying a blue flag on a Finish vessel at the port end of the line and the course side of the starboard-end finishing mark.

## **15 PENALTY SYSTEM**

See NoR 14.

## **16 TIME LIMITS**

- 16.1 Boats failing to finish within a 20-minute finishing window after the first boat in the fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2
- 16.3 In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 61.1(a) and 61.4(b)

## **17 HEARING REQUESTS**

17.1 The protest time limit for protests about an incident observed in the racing area is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later. The protest time limit for other protests is 60 minutes after the relevant information is available to the protestor. This changes RRS 60.3(b) and 61.2(b)(1).

17.2 Hearing Request forms are available at the race office.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

17.4 Hearings will be held in the protest room.

## **18 SCORING**

As per NoR 15.

## **19 SAFETY REGULATIONS**

19.1 [DP] [NP] A boat that retires from a race shall notify the race committee as soon as possible.

19.2 [DP] [NP] Competitors shall use the tally system as described on the notice board.

## **20 REPLACEMENT OF CREW OR EQUIPMENT**

20.1 [DP] [NP] Substitution of competitors is not allowed without prior written approval of the race committee.

## **21 EQUIPMENT AND MEASUREMENT CHECKS**

[NP] A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

## **22 SUPPLIED BOATS**

Does not apply.

## **23 OFFICIAL VESSELS**

The Committee Vessel will be white Bavaria 36. The Finish Vessel for the Trapezoid course after Mark 3 will be a traditional ferry type boat called "Sublime".

## **24 [DP] [NP] SUPPORT TEAMS**

As per NoR 16.

## **25 TRASH DISPOSAL**

Trash may be placed aboard official or support person vessels.

## **26 BERTHING**

[DP] [NP] Boats shall be kept in their assigned places in the dinghy park.

## **27 [DP] HAUL-OUT RESTRICTIONS**

After racing, a gate procedure will operate approx. 45 metres from the Club Slipway and upwind. When instructed, RS200 and RS400 fleets must lower their mainsails before entering the gate. A maximum of two dinghies at any one time. A Gate RIB, supported by a second RIB, will control release from the holding area into the slipway corridor, identified by a white flag on the Gate RIB. RS Aeros and RS Fevas must approach slowly, ensuring their dinghy can turn at least 90° into the onshore wind for a safe approach. Two dinghies are permitted on the slip at a time.

## **28 DIVING EQUIPMENT AND PLASTIC POOLS**

Does not apply.

**29 PRIZES**

As per NoR 24.

**30 RISK STATEMENT**

As per NoR 22.

**31 INSURANCE**

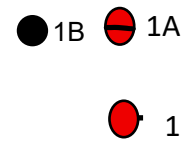
As per NoR 23.

**END OF SAILING INSTRUCTIONS**

# ADDENDUM A – (W/L is overlaid by the Trapezoid course)

## Windward – Leeward (Offset mark)-reach to Finish

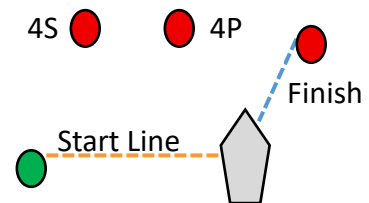
LA2 Start- 1A-1B- 4P/4S- 1A- 1B- 4P- Finish  
 LA3 Start- 1A-1B- 4P/4S- 1A- 1B- 4P/4S- 1A- 1B- 4P- Finish  
 LA4 Start- 1A- 1B- 4P/4S- 1A- 1B- 4P/4S- 1A- 1B- 4P/4S- 1A-1B- 4P- Finish  
 Marks 1A, 1B offset and 4P to be rounded to Port  
 Marks 4P/4S are a gate



## Windward – Leeward (No offset mark)-reach to Finish

L2 Start-1-4P/4S-1-4P-Finish  
 L3 Start-1-4P/4S-1-4P/4S-1-4P-Finish  
 L4 Start-1-4P/4S-1-4P/4S-1-4P/4S-1-4P-Finish  
 Marks 1 and 4P are to be rounded to Port  
 Marks 4P/4S are a gate

Finish line pin end is a red mark off the starboard side of CV



## Trapezoid

O2 Start- 1- 2- 3- 2- 3- Finish  
 O3 Start- 1- 2- 3- 2- 3- 2- 3- Finish  
 O4 Start- 1- 2- 3- 2- 3- 2- 3- 2- 3-Finish  
 Green mark is start line pin

Marks 1, 2, 3 to be rounded to port

I2 Start- 1- 4P/4S- 1- 2- 3- Finish  
 I3 Start- 1- 4P/4S- 1- 4P/4S-1- 2- 3- Finish  
 I4 Start- 1- 4P/4S- 1- 4P/4S-1-4P/4S- 1- 2- 3- Finish



Marks 4P/4S are a gate  
 Finish line is a reach from Mark 3. Pin is yellow.

