



CARRICKFERGUS SAILING CLUB

SAILING INSTRUCTIONS

Autumn Series 2026

Every Sunday from 13th September to 25th October 2026

1. RULES

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2. The prescriptions of the Royal Yachting Association (RYA) will apply.
- 1.3. Appendix T (Arbitration) will apply.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the Sailing Instructions will be posted on the official online noticeboard (see NoR Section 3.1) at least 2 hours before the scheduled time of the first warning signal on the day it takes effect.
- 2.2. Changes to a scheduled time of a race will be posted by 20:00 hrs on the day before it takes effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Official notices to competitors will be posted on the event webpage as specified in NoR Section 3.1.
- 3.2. On the water, the Race Committee intends to monitor and communicate with competitors on VHF Channel 37 (M1).

4. CODE OF CONDUCT

- 4.1. Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the flagstaff on the Club Battery line.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

6. SCHEDULE OF RACES

- 6.1. The dates, race counts, and warning signal times are as stated in NoR Section 6.

7. CLASS FLAGS

- 7.1. Class flags will be as follows:

- 1 - YTC Unrestricted - Numeral Pennant 1

- 2 - Ruffian 23 - Numeral Pennant 4
- 3 - YTC Restricted - Numeral Pennant 5
- 4 - RS400 - Flag F
- 5 - PY Dinghy - Flag T

8. RACING AREA

8.1. The racing area will be Belfast Lough adjacent to Carrickfergus Harbor and the Club premises.

9. COURSES

9.1. Keelboat Classes: The table in Addendum B shows the courses, including the course signals, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2. No later than the warning signal, the Race Committee will display the course board above the class designation mounted on the Club Battery indicating the course to be sailed.

9.3. Course direction will be indicated by a red or green board located under the class flags. A red board indicates starting East to West and leaving all marks to port. A green board indicates starting West to East and leaving all marks to starboard.

9.4. On completion of a round of a course, boats shall continue on a further round if the course letter is still displayed above their class designation. If the course letter has changed, boats shall complete a round of the new course displayed above their class designation.

9.5. When the letter 'F' is displayed above a specific class designation, that class shall finish. A single 'F' board displayed beside the red or green course direction board indicates that all classes are to finish on completion of their current round.

9.6. Dinghy Classes (RS400 & PY Dinghy): Dinghy classes will use the same Club Battery start/finish line as the keelboats, sailing a windward/leeward course configuration around an additional inflatable laid mark and the Battery line limit mark. Depending on wind direction, the laid mark may function as either the windward or leeward mark.

10. MARKS

10.1. Keelboat Marks:

- R: Red Outer Limit of start line
- G: Green Outer Limit of start line
- 1: Round yellow — N 54:42.5 W 5:47.5
- 2: Round yellow — N 54:41.9 W 5:47.1
- 3: Round yellow — N 54:41.5 W 5:48.8
- 4: Round yellow — N 54:42.2 W 5:49.2
- D: Round yellow — N 54:41.7 W 5:47.9

(Note: Positions listed are approximate. See Addendum A for course/mark diagram.)

10.2. Dinghy Marks: An inflatable laid mark (functioning as a windward or leeward mark depending on wind direction) and the start/finish limit marks (R and G).

11. THE START

11.1. Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

11.2. The start line is formed between the orange pole at the front of the Battery and a green limit mark (G) if the first mark is to be rounded to starboard, or a red limit mark (R) if the first mark is to

be rounded to port.

11.3. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11.4. A boat starting later than 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.

12. THE FINISH

12.1. The finishing line will be formed between the orange pole at the Battery and the red limit mark (R) if the previous mark was left to starboard, and the green limit mark (G) if the previous mark was left to port.

12.2. If the Race Committee is absent when a boat finishes, she shall report her finishing time, and her position in relation to nearby boats, to the Race Committee at the first reasonable opportunity.

13. PENALTY SYSTEM

13.1. For dinghy classes, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

13.2. For keelboat classes, RRS 44.1 applies unchanged (Two-Turns Penalty).

14. TIME LIMITS AND TARGET TIMES

14.1. Target times and time limits are as follows:

- Keelboats: Target Time: 60–90 minutes. Time Limit: 90 minutes.
- Dinghies: Target Time: 35–45 minutes per race. Time Limit: 60 minutes per race.

14.2. Boats failing to finish within 45 minutes after the first boat in their class sails the course and finishes will be scored Did Not Finish (DNF). This changes RRS 35, A4, and A5.

15. HEARING REQUESTS & ARBITRATION

15.1. Arbitration applies as stated in NoR Section 9.1.

15.2. The protest time limit is 60 minutes after the last boat has finished the last race of the day, or the Race Committee signals no more racing today, whichever is later.

16. SCORING

16.1. Scoring and discards will be applied in accordance with NoR Section 8.

17. SAFETY REGULATIONS

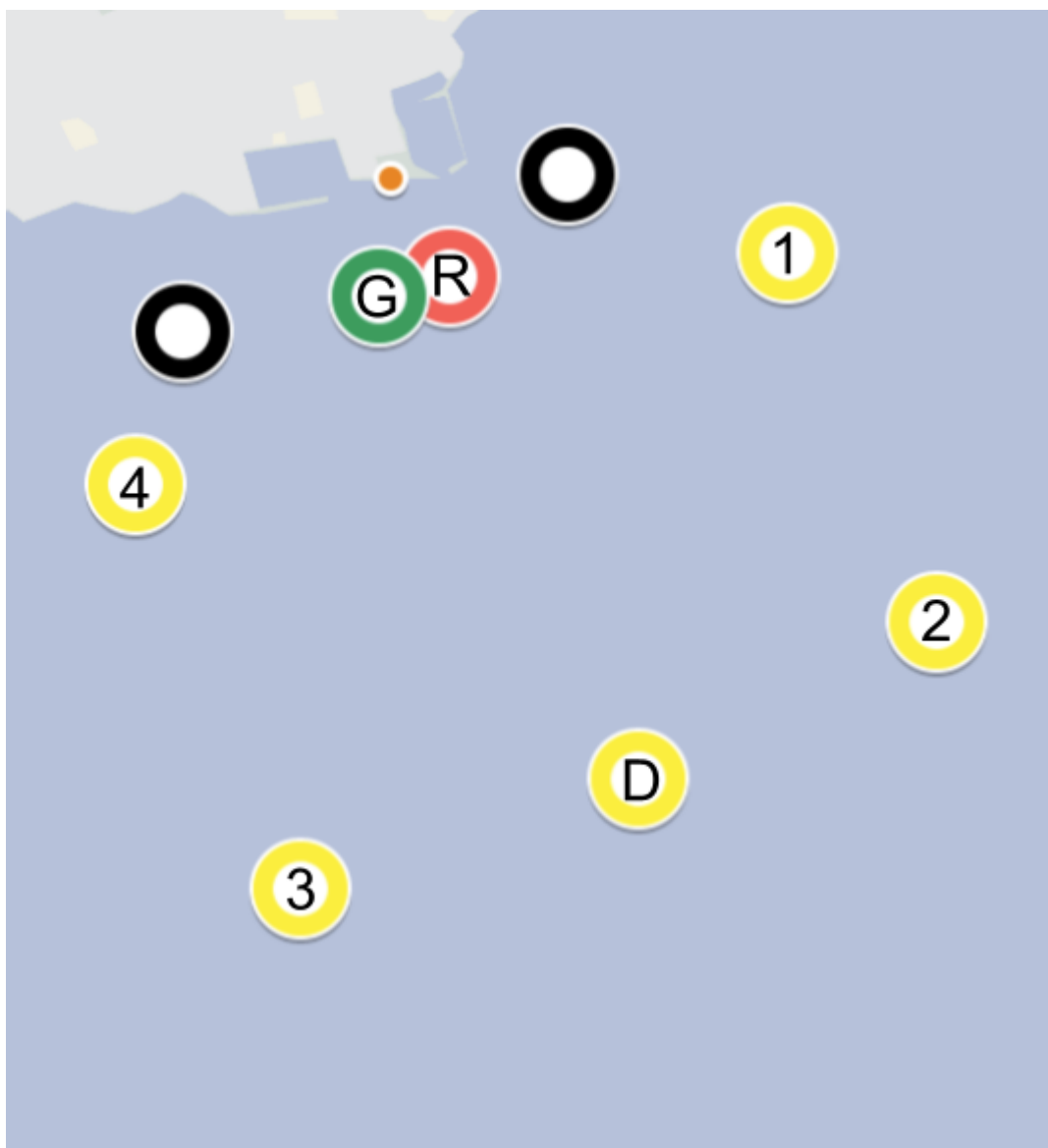
17.1. Competitors in dinghy classes shall wear personal flotation devices at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.

17.2. A boat that retires from a race shall notify the Race Committee as soon as possible via VHF or upon returning to shore.

18. PRIZES

18.1. Prizes will be awarded in accordance with NoR Section 10.

ADDENDUM A – MARK POSITIONS DIAGRAM



(Note: Diagram is indicative only. Positions are approximate.)

ADDENDUM B – KEELBOAT COURSE LIST

Course Letter	Green Board <i>(Starting West to East / Leave marks to Starboard)</i>	Red Board <i>(Starting East to West / Leave marks to Port)</i>
A	1, 2, 4, G, R	4, 3, 1, R, G
B	1, D, 4, G, R	4, D, 1, R, G
C	1, 3, 4, G, R	4, 2, 1, R, G
D	1, 2, G, R	4, 3, R, G
E	1, D, G, R	4, D, R, G
G	1, 3, G, R	4, 2, R, G
H	D, 3, G, R	D, 2, R, G
I	1, 4, G, R	4, 1, R, G
J	3, G, R	2, R, G
K	4, G, R	1, R, G
L	1, 2, 3, G, R	4, 3, 2, R, G
M	1, G, R	4, R, G
N	1, 2, 3, 4, G, R	4, 3, 2, 1, R, G
P	D, 4, G, R	D, 1, R, G
R	D, 3, 4, G, R	D, 2, 1, R, G
S	1, 2, D, G, R	4, 3, D, R, G
V	2, 3, 4, G, R	3, 2, 1, R, G
X	2, 4, G, R	3, 1, R, G
Y	2, G, R	3, R, G
Z	D, G, R	D, R, G